

HINDUISM Part 1



Beliefs	Worship & Teachings	Living as a Hindu
<ul style="list-style-type: none"> ➤ Hindu belief about God <ul style="list-style-type: none"> ▪ There is one God, who: <ul style="list-style-type: none"> - Is seen in different ways and represented through different forms (deities); ▪ Shiva & Vishnu, Rama & Sita, Krishna, Lakshmi, Murugan and Ganesh; ▪ Stories about Shiva and Vishnu ▪ Rama and Krishna; ▪ The stories of Shiva, Rama and Sita recalled at Diwali; ▪ The birth of Krishna; ▪ Krishna and Sudhama. ▪ The story of Murugan and Ganesh ➤ Religious symbols and their meanings <ul style="list-style-type: none"> ▪ The diva/deepa ▪ Hands in prayer (namaste / vanakam). 	<ul style="list-style-type: none"> ➤ Worship in the home <ul style="list-style-type: none"> ▪ The shrine and what it contains. ▪ Puja. ▪ The Arti ceremony. ▪ Prasad (food offered, blessed and served after prayer). ➤ Worship in the Temple (Mandir / Kovil) <ul style="list-style-type: none"> ▪ The Mandir is the Hindu place of worship. ▪ Respect to God is shown by removing shoes and sitting on the floor. 	<ul style="list-style-type: none"> ➤ What does it mean to belong in Hinduism? <ul style="list-style-type: none"> ▪ Love and loyalty between members of the extended family. ▪ Respect for: <ul style="list-style-type: none"> - parents; - other people; - all living things. ▪ Hospitality is important to Hindus. ➤ Festivals <ul style="list-style-type: none"> ▪ Diwali/ Deepavali ▪ Janmashtami ▪ Festival foods.